

CAISSE COMMUNITY CENTRE

# 2024 Annual Report

Jan 1st 2024 to  
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Dec 31st 2024



CAISSE  
COMMUNITY  
CENTRE

[www.caissecc.com](http://www.caissecc.com)



# 2024 Annual General Meeting Agenda

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- Recognition of Quorum
- Board Director Reports
- Financial Report
- Approval of Reports / Approval of the Actions of the Board of Directors 2024
- Election of Board Directors 2025
  - Board Director positions up for election for 2025 as follows:
    - President (2 year term)
    - Secretary (2 year term)
    - Communications Director (2 year term)
    - Special Events Director (2 year term)
    - 3 Director-at-Large (1 year term each)
- New Business
- Adjourned

The Caisse Community Centre Board of Directors meet a minimum of nine (9) times per year at the Caisse Community Centre.

There are plenty of sub-committees to be involved in as well if you're unable to commit to a full-time Board Director. Sub-committee members are always needed and are welcome to join at any time.

## 2024 Annual General Meeting

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8:00 pm  
Monday, February 24th, 2025  
Caisse Community Centre



# 2024 Caisse Community Centre Board of Directors & Staff

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Brian Cornelsen, President  
cornelsenbrian@gmail.com

Rich Marchetti, Vice-President  
richmarchetti@me.com

David Brown, Past-President  
davidbrown@mts.net

Chad Brick, Treasurer  
Chad@eastsideindustrial.com

Jared Lang, Secretary  
Jaredlang@murrayjeepram.ca

Kyle Hayes, Sports Director  
Kylehayes@live.ca

Joe Daley, Communications Director  
joemacdpi@hotmail.com

Barbara Agland-O'Connor, Website Director (Newsletter)  
barbaraaoinlasalle@hotmail.com

Marcie Weiss, Special Events Director  
marciemaylynn@gmail.com

Nick Guffei, Director-at-Large (La Salle Fall Festival)  
nick.guffei@vickar.com

Ashleigh Reimer, Director-at-Large  
Ashleigh.whitley@yahoo.ca

VACANT, Director-at-Large

Trinda Kostal, Curling Club Director (Appointed)  
kostalbt@mymts.net

Reporting to the Board:

Dee Romijn, Facility Manager  
dromijn@caissecc.com

Reporting to the Facility Manager:

Staff, Before and After School Program | In-Service Day Camp Program  
beforeandafter@caissecc.com

## Purpose

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The purpose of the Caisse Community Centre is to provide and assist in the development of recreational activities and community events, through the provision of facilities and programs, for the benefit of the community.

## Goals

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- To foster community development and the quality of life.
- To provide a safe facility and green space.
- To be accountable for the effective and efficient use of resources.
- To facilitate and provide support to the development of recreational activities according to the needs of the community.

*Please note:  
The Caisse Community Centre is run by a  
VOLUNTEER Board of Directors.*



# Duties of the Board of Directors

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## **ALL DIRECTORS:**

Directors shall represent all members within the La Salle Rink District to the best of their ability and ensure the objectives of the centre are carried on without any pecuniary gain to its members and that any profits or other considerations are used in promoting its objectives. All Directors shall disclose any conflict of interest and abstain from voting on such matters.

## **PRESIDENT:**

The President shall preside at meetings of the Centre, of the Board and of the Executive Committee. He/she shall perform such other duties and shall exercise such other powers as ordinarily pertain to this office, which shall include authority to:

- Call Special Meetings as required.
- Be an ex-officio member of all committees.
- Appoint special committees as not normally provided for.

The President may veto any decision of the Board and/or the Executive Committee whenever he/she believes such a decision is not in keeping with the Constitution or when he believes such a decision would not be in the best interest of the Centre, in particular, where it would result in, what he/she deems to be, too much financial or other risk to the Centre and/or its Directors. Having exercised such veto power, the President must call a Special Meeting of the Centre, to be held within forty (40) days of the veto and in which the will of the Membership shall determine the issue.

## **PAST-PRESIDENT:**

The Past-President shall assist the President and other Directors and advise them in their administration of the affairs of the Centre. He or she should be in a position to defend the actions of the previous Directors and see to the fulfillment of commitments previously made, as well as serving in an advisory capacity.

## **VICE-PRESIDENT:**

The Vice-President will assume the President's duties and presides at meetings in the President's absence. He/she shall perform such other duties and shall exercise such other powers as ordinarily pertain to this office.

## **SECRETARY:**

The Secretary shall be responsible for establishing records of attendance and minutes of Board of Directors meetings, send out notices of meetings of the Centre, document all resolutions by the Board of Directors and perform such other duties as usually pertain to this office. The Secretary shall ensure Board process is constitutional. In conjunction with the Facility Manager, the Secretary shall be responsible for and have custody of all legal documents, meeting minutes and resolutions for the Centre (hard copies and electronic). Upon his/her retirement from office, shall turnover all legal documents and other Centre property in his/her possession to their successor or to the President.

*Please note:  
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VOLUNTEER Board of Directors.*



**CAISSE  
COMMUNITY  
CENTRE**

## **Duties of the Board of Directors (continued)**

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### **TREASURER:**

The Treasurer shall have custody of all unallocated funds of the Centre accounting for all funds to the Centre at its monthly meetings at such times as he or she may be called upon to do so by a meeting of the Board of Directors or by the Executive Committee. The Treasurer shall perform such other duties as usually pertain to this office. In conjunction with the Facility Manager, establish budgets and estimated expenditures. Upon his/her retirement from office or whenever called upon to do so, he/she shall turnover all books of account to the their successor, President or the auditor(s) of the Centre.

### **SPORTS DIRECTOR:**

The Sports Director in conjunction with the Facility Manager, will be responsible for the total planning function of sports activities under their Sports Convenors. The Sports Director shall be the primary liaison representing the Board for all sport facility users. The Sports Director is responsible for conducting meetings with any respective Sports Convenors and reporting to the Board on a monthly basis on the activities.

### **COMMUNICATIONS DIRECTOR:**

The Communications Director in conjunction with the Facility Manager, will be responsible for the coordination of the website, signage and media releases on behalf of the Centre and coordination with the Website Director.

### **SPECIAL EVENTS DIRECTOR:**

The Special Events Director, in conjunction with the Facility Manager, will be responsible for the administration of special events for the Centre.

### **WEBSITE DIRECTOR:**

The Website Director will be responsible for all activities pertaining to maintaining the website and all activities pertaining to the monthly newsletter.

### **DIRECTORS-AT-LARGE:**

The duties of the Directors-at-Large shall be established by resolution by the Executive Committee or Board of Directors prior to election.

### **APPOINTED DIRECTORS:**

Appointed directors shall represent their organization and the Centre. The duties of the Appointed Directors shall be established by resolution by the Executive Committee or Board of Directors prior to the appointment.

### **TERMS:**

Director positions are for two (2) year terms with the exception of the Directors-at-Large whom shall have one (1) year terms.

*Please note:  
The Caisse Community Centre is run by a  
VOLUNTEER Board of Directors.*



**CAISSE  
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# Financials (1 of 3)

Accrual Basis

## Caisse Community Centre Profit & Loss Previous Year Comparison January through December 2024



	<u>Jan - Dec 24</u>	<u>Jan - Dec 23</u>	<u>\$ Change</u>	<u>% Change</u>
Ordinary Income/Expense				
Income				
Ball Diamond Rental				
New Ball Diamond/Improvements	\$ (3,227)	\$ (3,952)	\$ 725	-18%
Ball Diamond Rental - Other	\$ (659)	\$ (250)	\$ (409)	164%
Total Ball Diamond Rental	\$ (3,886)	\$ (4,202)	\$ 317	-8%
Before and After School Income				
Before and After School Supply	\$ (484)	\$ (488)	\$ 4	-1%
Before and After School Wages	\$ (85,480)	\$ (81,222)	\$ (4,258)	5%
Before and After School Income - Other	\$ 143,732	\$ 139,167	\$ 4,565	3%
Total Before and After Income	\$ 57,768	\$ 57,457	\$ 311	1%
Breakfast with Santa				
Breakfast with Santa Expenses	\$ (1,456)	\$ (401)	\$ (1,055)	263%
Breakfast with Santa - Other	\$ 5,072	\$ 6,586	\$ (1,514)	-23%
Total Breakfast with Santa	\$ 3,616	\$ 6,185	\$ (2,569)	-42%
Chase the Ace Poker Income				
Bar Sales	\$ 364	\$ -	\$ 364	100%
Bar Sales Expenses	\$ (2,501)	\$ -	\$ (2,501)	-100%
Chase the Ace 50/50 Draw	\$ 1,415	\$ 1,095	\$ 320	29%
Chase the Ace Alcohol Expense	\$ 343	\$ (702)	\$ 1,045	-149%
Chase the Ace Bar Income	\$ 3,868	\$ 5,964	\$ (2,096)	-35%
Chase the Ace Expenses	\$ (29)	\$ (565)	\$ 536	-95%
Chase the Ace Food Expense	\$ (158)	\$ -	\$ (158)	-100%
Chase the Ace Meat Draw	\$ -	\$ 1,165	\$ (1,165)	-100%
Chase the Ace Raffle (50%)	\$ -	\$ 2,505	\$ (2,505)	-100%
Chase the Ace Wage Expense	\$ (952)	\$ (151)	\$ (800)	529%
Chase the Ace Poker Income - Other	\$ 4,758	\$ -	\$ 4,758	100%
Total Chase the Ace Poker Income	\$ 7,107	\$ 9,310	\$ (2,203)	-24%
Curling Club Lease	\$ 12,348	\$ 12,963	\$ (615)	-5%
Day Camp Income				
Day Camp Wages	\$ (20,771)	\$ (20,530)	\$ (241)	1%
Green Team Summer Camp Wages	\$ (23,234)	\$ (20,693)	\$ (2,541)	12%
Day Camp Expenses	\$ (9,842)	\$ (6,517)	\$ (3,325)	51%
Day Camp Income	\$ 78,835	\$ 60,449	\$ 18,386	30%
Wage Grants	\$ 23,425	\$ 23,517	\$ (92)	0%
Day Camp Income - Other	\$ -	\$ 712	\$ (712)	-100%
Total Day Camp Income	\$ 48,413	\$ 36,938	\$ 11,475	31%
Deferred Contribution Amortization	\$ 91,711	\$ 93,963	\$ (2,252)	-2%
Donations	\$ 2,000	\$ -	\$ 2,000	100%
Fall Festival Income				
Fall Festival Expenses	\$ (10,709)	\$ (15,145)	\$ 4,436	-29%
Fall Festival Income - Other	\$ 7,643	\$ 21,135	\$ (13,492)	-64%
Total Fall Festival Income	\$ (3,067)	\$ 5,990	\$ (9,056)	-151%
Fall Supper Income				
Fall Supper Expense	\$ (20,102)	\$ (20,152)	\$ 51	0%
Fall Supper Income - Other	\$ 26,767	\$ 25,210	\$ 1,557	6%
Total Fall Supper Income	\$ 6,665	\$ 5,058	\$ 1,608	32%
Field Rental Income				
Diamond Rentals	\$ 1,725	\$ 2,755	\$ (1,030)	-37%
Field Rental Income - Other	\$ 17,052	\$ 9,342	\$ 7,709	83%
Total Field Rental Income	\$ 18,777	\$ 12,097	\$ 6,679	55%

# Financials (2 of 3)

Accrual Basis

## Caisse Community Centre Profit & Loss Previous Year Comparison January through December 2024



	Jan - Dec 24	Jan - Dec 23	\$ Change	% Change
<b>Fitness Centre Memberships</b>				
Fitness Centre Expenses	\$ (1,379)	\$ (1,670)	\$ 291	-17%
Fitness Centre Repairs	\$ (1,614)	\$ (1,298)	\$ (316)	24%
Fitness Centre Memberships - Other	\$ 33,061	\$ 33,566	\$ (505)	-2%
<b>Total Fitness Centre Memberships</b>	<b>\$ 30,068</b>	<b>\$ 30,598</b>	<b>\$ (531)</b>	<b>-2%</b>
<b>Fitness Classes</b>				
Fitness Classes Expenses	\$ (6,430)	\$ (4,270)	\$ (2,160)	51%
Fitness Classes - Other	\$ 16,490	\$ 9,448	\$ 1,042	11%
<b>Total Fitness Classes</b>	<b>\$ 4,060</b>	<b>\$ 5,178</b>	<b>\$ (1,118)</b>	<b>-22%</b>
<b>Grand Opening/Anniversary Event</b>	<b>\$ -</b>	<b>\$ 535</b>	<b>\$ (535)</b>	<b>-100%</b>
<b>Gym Rental</b>				
Christmas Market	\$ 475	\$ 1,050	\$ (575)	-55%
Comedy Night	\$ 2,500	\$ 2,874	\$ (474)	-16%
Comedy Night Expenses	\$ (2,480)	\$ (3,776)	\$ 1,296	-34%
Gym Rental Expenses	\$ 405	\$ 4,747	\$ (4,342)	-81%
Social Expenses	\$ (2,844)	\$ (2,101)	\$ (742)	35%
Gym Rental - Other	\$ 67,591	\$ 38,605	\$ 28,986	75%
<b>Total Gym Rental</b>	<b>\$ 65,647</b>	<b>\$ 41,499</b>	<b>\$ 24,148</b>	<b>58%</b>
<b>Kitchen Rental</b>	<b>\$ 9,731</b>	<b>\$ 3,935</b>	<b>\$ 5,796</b>	<b>147%</b>
<b>Membership Income</b>	<b>\$ 7,200</b>	<b>\$ -</b>	<b>\$ 7,200</b>	<b>100%</b>
<b>Movie Night Income</b>				
Movie Night Expenses	\$ -	\$ (506)	\$ 506	-100%
Movie Night Income - Other	\$ -	\$ 567	\$ (567)	-100%
<b>Total Movie Night Income</b>	<b>\$ -</b>	<b>\$ 61</b>	<b>\$ (61)</b>	<b>-100%</b>
<b>Multipurpose Room Rental</b>	<b>\$ 20,545</b>	<b>\$ 16,110</b>	<b>\$ 4,435</b>	<b>28%</b>
<b>Newsletter Advertising Fees</b>	<b>\$ 5,353</b>	<b>\$ 5,368</b>	<b>\$ (16)</b>	<b>0%</b>
<b>Other Events</b>	<b>\$ 1,048</b>	<b>\$ 1,850</b>	<b>\$ (802)</b>	<b>-43%</b>
<b>Parking Lot Rental</b>	<b>\$ 400</b>	<b>\$ -</b>	<b>\$ 400</b>	<b>100%</b>
<b>Registration Income Baseball</b>				
Baseball Program Expense	\$ (1,633)	\$ (2,278)	\$ 644	-28%
Registration Income Baseball - Other	\$ 8,280	\$ 12,320	\$ (4,040)	-33%
<b>Total Registration Income Baseball</b>	<b>\$ 6,647</b>	<b>\$ 10,042</b>	<b>\$ (3,396)</b>	<b>-34%</b>
<b>Registration Income Basketball</b>				
Basketball Program Expenses	\$ -	\$ (202)	\$ 202	-100%
<b>Total Registration Income Basketball</b>	<b>\$ -</b>	<b>\$ (202)</b>	<b>\$ 202</b>	<b>-100%</b>
<b>Registration Income Learn to Play</b>				
Learn to Play Program Expenses	\$ (194)	\$ (88)	\$ (106)	120%
Registration Income Learn to Play - Other	\$ 18,553	\$ 5,802	\$ 12,752	220%
<b>Total Registration Income Learn to Play</b>	<b>\$ 18,360</b>	<b>\$ 5,714</b>	<b>\$ 12,646</b>	<b>221%</b>
<b>Registration Income Soccer</b>				
Soccer Program Expense	\$ (1,792)	\$ (2,726)	\$ 934	-34%
Registration Income Soccer - Other	\$ 1,780	\$ 12,368	\$ (10,587)	-86%
<b>Total Registration Income Soccer</b>	<b>\$ (11)</b>	<b>\$ 9,642</b>	<b>\$ (9,653)</b>	<b>-100%</b>
<b>School's Out Dance</b>	<b>\$ 1,874</b>	<b>\$ 815</b>	<b>\$ 1,059</b>	<b>130%</b>
<b>Total Income</b>	<b>\$ 412,373</b>	<b>\$ 366,803</b>	<b>\$ 45,571</b>	<b>12%</b>
<b>Expense</b>				
Advertising	\$ 2,350	\$ 1,910	\$ 440	23%
Bad Debt Expense	\$ -	\$ 450	\$ (450)	-100%
Bank Service Charges	\$ 3,559	\$ 2,650	\$ 909	34%
Christmas Party	\$ 100	\$ 495	\$ (395)	-80%
Courtyard Improvements	\$ -	\$ 3,741	\$ (3,741)	-100%
Depreciation Expense	\$ 91,711	\$ 93,963	\$ (2,252)	-2%
Diamond Expenses	\$ 1,097	\$ 663	\$ 434	66%
Wages and Benefits Expense	\$ 124,185	\$ 115,295	\$ 8,890	8%

# Financials (3 of 3)

Accrual Basis

## Caisse Community Centre Profit & Loss Previous Year Comparison January through December 2024



	Jan - Dec 24	Jan - Dec 23	\$ Change	% Change
Fire Alarm Monitoring				
Curling Club	\$ -	\$ 3,617	\$ (3,617)	-100%
Daycare Fire Alarm Monitoring	\$ 1,115	\$ 308	\$ 807	262%
Fire Alarm Monitoring - Other	\$ 308	\$ 308	\$ -	0%
<b>Total Fire Alarm Monitoring</b>	<b>\$ 1,423</b>	<b>\$ 4,233</b>	<b>\$ (2,810)</b>	<b>-66%</b>
Garbage Disposal	\$ 4,764	\$ 5,278	\$ (514)	-10%
Insurance Expense	\$ 19,997	\$ 19,958	\$ 39	0%
Interest Expense	\$ 33,081	\$ 22,533	\$ 10,547	47%
Internet	\$ 1,785	\$ 2,024	\$ (239)	-12%
Legal and Professional Fees	\$ -	\$ 21,375	\$ (21,375)	-100%
Maintenance Expense				
Fire Alarm Inspections	\$ 435	\$ 512	\$ (77)	-15%
Grounds Maintenance - Fuel	\$ 994	\$ 905	\$ 89	10%
Grounds Maintenance - General	\$ 1,072	\$ 3,430	\$ (2,358)	-69%
Hall Maintenance - Repairs	\$ 13,981	\$ 5,410	\$ 8,571	158%
Hall Maintenance - Supplies	\$ 16,972	\$ 15,094	\$ 1,878	12%
Maintenance Expense - Other	\$ 5,356	\$ 2,790	\$ 2,566	92%
<b>Total Maintenance Expense</b>	<b>\$ 38,809</b>	<b>\$ 28,140</b>	<b>\$ 10,669</b>	<b>38%</b>
Manitoba Hydro Electricity	\$ 50,980	\$ 58,218	\$ (7,238)	-12%
Newsletter Expenditures	\$ 107	\$ 126	\$ (19)	-15%
Office Administrator Salary	\$ 11,828	\$ 11,367	\$ 461	4%
Office Expenses	\$ 2,199	\$ 3,246	\$ (1,047)	-32%
Property Taxes	\$ -	\$ 441	\$ (441)	-100%
School's Out Dance Expenses	\$ 625	\$ 942	\$ (317)	-34%
Service Fee Expense	\$ 1,280	\$ 1,680	\$ (400)	-24%
Water	\$ 2,279	\$ 3,898	\$ (1,619)	-42%
Website Expenses	\$ 230	\$ 202	\$ 27	14%
<b>Total Expense</b>	<b>\$ 382,389</b>	<b>\$ 402,829</b>	<b>\$ (20,440)</b>	<b>-5%</b>
<b>Net Ordinary Income</b>	<b>\$ 19,984</b>	<b>\$ (35,927)</b>	<b>\$ 55,911</b>	<b>-156%</b>
Other Income/Expense				
Other Income				
Bank Interest	\$ 353	\$ 2,924	\$ (2,571)	-88%
Day Car Facility Rent Revenue	\$ 72,142	\$ 72,142	\$ -	0%
Directed Donations	\$ 1,460	\$ 12,630	\$ (11,170)	-88%
Grant - RM Non-Matching	\$ -	\$ 24,000	\$ (24,000)	-100%
Other Income	\$ 50	\$ 22,408	\$ (22,357)	-100%
<b>Total Other Income</b>	<b>\$ 74,006</b>	<b>\$ 134,104</b>	<b>\$ (60,098)</b>	<b>-45%</b>
Other Expense				
New Daycare Expenses				
Daycare Maintenance	\$ 1,793	\$ 1,101	\$ 692	63%
Daycare Operations Expense	\$ 2,289	\$ 2,717	\$ (427)	-16%
New Daycare Expenses - Other	\$ 423	\$ 409	\$ 14	4%
<b>Total New Daycare Expenses</b>	<b>\$ 4,505</b>	<b>\$ 4,226</b>	<b>\$ 279</b>	<b>7%</b>
<b>Total Other Expense</b>	<b>\$ 4,505</b>	<b>\$ 4,226</b>	<b>\$ 279</b>	<b>7%</b>
<b>Net Other Income</b>	<b>\$ 69,501</b>	<b>\$ 129,878</b>	<b>\$ (60,377)</b>	<b>-46%</b>
<b>Net Income</b>	<b>\$ 89,485</b>	<b>\$ 93,951</b>	<b>\$ (4,466)</b>	<b>-5%</b>



# Caisse Community Centre FACILITY RENTALS

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The Caisse Community Centre facility is a 17,000 square foot state of the art building with on-site parking located in La Salle, a vibrant community of over 3000 people located along the picturesque La Salle River, just 8 kilometers south of Winnipeg. The building consists of a full sized Gymnasium, a Multi-Purpose Room, Dressing Rooms and Full Kitchen. The outdoor space consists of Baseball Diamonds, Soccer Pitches and Seasonal Outdoor Rink. The Town of La Salle was founded in 1878 and is one of the fastest growing centres in the province.

Annually, the community hosts many events including a School's Out for Summer Dance for Elementary Students, Fall Supper, Fall Festival (Social and Family Event / Activity Day), Slo-Pitch Tournament, Christmas Tree Lighting Ceremony as well as Breakfast with Santa.

The Caisse Community Centre provides an ideal setting for celebrating all of life's occasions: birthday parties, holiday events, weddings, conferences, charity balls, rehearsal dinners, anniversary parties, as well as seminars, business meetings, trade shows and one-day sporting tournaments or week long festivals, whatever it is, we will work hard to make sure that your event is the best. In other words, we would love to provide the facility to host your next event!

Both LGCA (Liquor, Gaming and Cannabis Authority of Manitoba) and Non-LGCA (Liquor, Gaming and Cannabis Authority of Manitoba) rentals are available.

We can accommodate small to large groups. Indoor Occupancy License is for:

- 543 people in the Gymnasium
- 100 people in the Multi-Purpose Room
- 68 people in the Lobby



## FACILITY RENTALS:

Dee Romijn, Caisse Community Centre Facility Manager  
204-736-2679 | 204-801-7629 (cell) | [dromijn@caissecc.com](mailto:dromijn@caissecc.com)



## Caisse Community Centre FITNESS CENTRE

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If you join for 2 Centre Fitness Classes/Week you're eligible for a 50% discount on a 4 Month Fitness Centre Membership. Please contact Dee Romijn for details at: 204-801-7629 (cell) or [dromijn@caissecc.com](mailto:dromijn@caissecc.com)

### CAISSE COMMUNITY CENTRE

## FITNESS CENTRE

Come and take a look at what the Fitness Centre at the Caisse Community Centre has to offer.

(conveniently located at the corner of  
PR 247E & HWY 330 in La Salle MB)

Information / Fee Schedule:  
[www.caissecc.com](http://www.caissecc.com) - fitness centre tab

Questions:  
204-736-2679 | [dromijn@caissecc.com](mailto:dromijn@caissecc.com)

**STAY FIT  
JOIN TODAY**



**CAISSE  
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CENTRE**

## Caisse Community Centre FITNESS CLASSES

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## FITNESS CLASSES with *Dee Romijn*

**Mondays — 7pm to 8pm and/or Tuesdays / Thursdays — 6am to 7am  
at the Caisse Community Centre**

If you join for 2 Centre Fitness Classes/Week you're eligible for a 50% discount on a 4 Month Fitness Centre Membership. Please contact Dee Romijn for details at: 204-801-7629 (cell) or [dromijn@caissecc.com](mailto:dromijn@caissecc.com)

### **Description:**

Workouts will consist of a warm-up and cool-down (stretch) with HIIT interval style training which includes a combination of resistance / cardio exercises for a whole body workout. There are a variety of levels offered each class from beginner to advanced to allow you to be in control of your workout.

### **Bonus:**

To allow for more flexibility and busy schedules, classes can be interchanged between sessions or recordings will be available if you are unable to attend a class.

### **Meet the Instructor:**

Dee Romijn is a graduate of the U of M with a Bachelor of Physical Education and has enhanced her knowledge and expertise over the years by continuing her education through the Manitoba Fitness Council.

Specializing in HIIT (High Intensity Interval Training) and Group Fitness, Dee has a passion for healthy living and a true passion for teaching and is currently the Facility Manager at the Caisse Community Centre.

A mother of two children, Dee and her husband reside in La Salle and have remained active in the community by volunteering on numerous boards and committees.

When not engaged in community events or teaching fitness classes, Dee enjoys spending time at the lake and socializing with friends.

She can't wait to help you start or continue with your own personal fitness journey!



**For more information and/or to register:  
email Dee Romijn at [dromijn@caissecc.com](mailto:dromijn@caissecc.com)  
or visit [www.caissecc.com](http://www.caissecc.com) - programs tab**

**HIIT**  
workout

# Caisse Community Centre BEFORE AND AFTER SCHOOL PROGRAM / IN-SERVICE DAY CAMP PROGRAM

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## CAISSE COMMUNITY CENTRE

located at the corner of PR 247E & HWY 330 in La Salle MB

## BEFORE & AFTER SCHOOL PROGRAM IN-SERVICE DAY CAMP PROGRAM

The Caisse Community Centre Before and After School Program provides recreational activities to children between the ages of 5 to 12 before and after regular school days. The program follows the school calendar of the Seine River School Division and will be closed on all school holidays and inclement weather days. The Caisse Community Centre In-Service Day Camp Program is offered for school holidays.

### Before & After School Program (ages 5 to 12)

— runs from 7am to start of school and end of school until 6pm

### In-Service Day Camp Program (ages 5 to 12)

— runs from 7am to 6pm

Pre-registration required (online).

Lunch and/or snacks must be brought from home (nut-free).

Information / Pricing / Registration:  
[www.caissecc.com](http://www.caissecc.com) - programs tab



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# Caisse Community Centre 2024 SPRING SOCCER PROGRAM

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Registration open from February 1st, 2024 to March 31st, 2024.  
Late registration will be accepted from April 1st, 2024 to April 13th, 2024  
with a late fee of \$30.00 per player - NO EXCEPTIONS.



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## Spring SOCCER Program

*All Skill Levels  
Welcome!*

~ Age Groups (boys & girls) ~

4 & 5 Year Olds (born 2019, 2020)

6 & 7 Year Olds (born 2017, 2018)

8 & 9 Year Olds (born 2015, 2016)

Information and online registration:

[www.caissecc.com](http://www.caissecc.com) - sports tab -  
[soccer program](#)

Contact:  
Marc Coulombe  
Soccer Convenor

[lasallesoccer330@gmail.com](mailto:lasallesoccer330@gmail.com)



**Caisse Community Centre 2024 SPRING LEARN TO PLAY  
BASEBALL / SOFTBALL PROGRAM**

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**Spring  
LEARN TO PLAY  
BASEBALL/SOFTBALL  
Program**

*All Skill Levels  
Welcome!*

~ Age Groups (boys & girls) ~

5U (born 2019, 2020)

7U (born 2017, 2018)

**Contact:**

**Kyle Forcier**

**Learn to Play Baseball & Softball Co-ordinator**

**[lasallerep@macdonaldminorball.ca](mailto:lasallerep@macdonaldminorball.ca)**

**Information and online registration:**

**[www.caissecc.com](http://www.caissecc.com) - sports tab - learn to play program**

**Registration opens February 1st, 2024 to March 31st, 2024.  
Late registration will be accepted from April 1st, 2024 to April 13th, 2024  
with a late fee of \$30.00 per player - NO EXCEPTIONS.**

**DON'T MISS  
THE FUN!**

Caisse Community Centre

**2024 SPRING BREAK  
CAMP FOR KIDS**  
ages 5 to 11

**March 25 - 28, 2024**

**Monday - Science Day**

**Tuesday - Rainforest Day with a live reptile show!**

**Wednesday - Cooking Day**

**Thursday - Disney Day with a Disney bouncer!**

**For information, pricing and/or  
to register, please visit:**

**[www.caissecc.com](http://www.caissecc.com) - programs tab**



**CAISSE  
COMMUNITY  
CENTRE**

(located at the corner  
of PR 247E & Hwy 330  
in La Salle MB)



# NATIONAL VOLUNTEER WEEK 2024

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National Volunteer Week 2024 (April 14, 2024 - April 20, 2024)

## EVERY MOMENT MATTERS

Let's recognize and celebrate every volunteer and each contribution they're making to strengthen inclusivity and wellbeing in our communities.

Now more than ever, Every Moment Matters!

The theme for National Volunteer Week 2024 is Every Moment Matters. It highlights the importance of every volunteer and each contribution they make at a moment when we need support more than ever. The sharing of time, skills, empathy, and creativity is vital to the inclusivity, strength, and wellbeing of our communities.

Volunteers are fundamental to meeting this challenging moment. By coming together, committing support, and increasing our collective efforts and impact, we contribute exponentially to the quality of life we all strive for.

It's in these moments, and the relationships between them, that we find greater purpose and a sense of belonging. By connecting and engaging with community, we come to know our importance. Volunteering matters. And by sharing these moments, we co-create the neighbourhoods, culture, and society we want to live in.

Right now, whatever we can contribute is needed and valued. From assisting programs that feed and house Canadians or helping with recovery efforts after a climate emergency, to peer mentoring a refugee family or holding space for community grief – moment by moment we can move collectively from surviving to thriving again.

EVERY MOMENT MATTERS



During National Volunteer Week 2024, we come together to recognize and celebrate the importance of each and every volunteer's impact from coast to coast to coast. Now more than ever, Every Moment Matters.

[www.volunteer.ca](http://www.volunteer.ca)

Thank You to all the  
volunteers in our community!

*Thank You!*



2024

# REGISTRATION

## Little BALLERS Basketball

SATURDAYS  
at the Caisse Community Centre



Baby Ballers  
(10 months - 2.5 years)  
from 9:15 am to 10:00 am

Little Ballers  
(2.5 years - 3.5 years)  
from 10:15 am to 11:00 am

Mini Ballers  
(3.5 years - 5 years)  
from 11:15 am to noon

Big Ballers  
(5 years - 8 years)  
from 12:15 pm to 1:00 pm



For information, pricing and/or to register, please visit:  
[www.littleballersbasketball.com](http://www.littleballersbasketball.com)

## Volleyball Manitoba Community Youth Volleyball

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Join the excitement of our Community Youth Volleyball! This grassroots initiative focuses on delivering age-appropriate playing and training opportunities for athletes who are not involved in club volleyball. Over 500 players in the past year have participated in seasonal programming in Winnipeg and communities across the province.

Communities will be hosting 6-week programs that focus on developing sport specific skills at age-appropriate levels. Sessions will be once a week with premade plans created by Volleyball Manitoba. This program is designed for new and returning Community Youth participants. There will be no designated "Game Day" or a wrap up tournament, but each session will have allotted time at the end to practice new skills in game-like settings.

### La Salle Program at the Caisse Community Centre

Thursdays

Co-ed 12U | 14U | 16U



[www.volleyballmanitoba.ca](http://www.volleyballmanitoba.ca)



CAISSE COMMUNITY CENTRE



**SCHOOL'S** out for  
**SUMMER DANCE**

Elementary students (kindergarten to grade 5) and their parents are invited to celebrate this past year of school.

**Live DJ (Bulldog Music) & Dance Floor Lights & Photo Booth (AJ's Mystic Mirror) promise to be the best way to kick off your summer break!**

**Thursday, June 27th, 2024**  
**6:00 pm to 8:30 pm**  
**at the Caisse Community Centre**  
**Canteen, Games & Prizes!**

For information and/or to sponsor this event, please contact:  
Dee Romijn 204-736-2679 | 204-801-7629 | [dromijn@caissecc.com](mailto:dromijn@caissecc.com)  
Marcie Weiss [marciemaylynn@gmail.com](mailto:marciemaylynn@gmail.com)



**\$5/child (parents free)**

[www.caissecc.com](http://www.caissecc.com) - events tab

Caisse Community Centre

2024 **SUMMER CAMP**  
**FOR KIDS** ages 5 to 11



**Jul 2 – Aug 30, 2024**

*A different activity every day!*

**Promises to be fun, educational & entertaining  
all summer long!**

**For information, pricing and/or to register, please visit:  
[www.caissecc.com](http://www.caissecc.com) – programs tab**

(located at the corner of  
PR 247E & Hwy 330 in La Salle MB)



**CAISSE  
COMMUNITY  
CENTRE**

# Caisse Community Centre 2024 SUMMER CAMP FOR KIDS SCHEDULE

		Weekly / Daily Camp Schedule (special hours for week 9 only - noon to 6:00 pm)				
		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Jul 2 - Jul 5		 Canada Day Weekend	 Reptile Day	 Sports Buffet Day	 Cooking Day	 Splash Pad / Movie Day
		 Science Day	 Tie-Dye Day	 Sound Farm Field Trip	 Under the Sea Day	 Splash Pad / Movie Day
Week 2 Jul 8 - Jul 12		 Space Day	 Bouncer Day	 Amazing Race Day	 Camping Day	 Splash Pad / Movie Day
		 Foam Day	 Christmas in July	 Science Day	 Tie-Dye Day	 Splash Pad / Movie Day
Week 3 Jul 15 - Jul 19		 Bouncer Day	 Hoedown Day	 Carnival Day	 Cooking Day	 Splash Pad / Movie Day
		 Terry Fox Day	 Halloween in August	 Sports Buffet Day	 Magic Day	 Splash Pad / Movie Day
Week 4 Jul 22 - Jul 26		 Pirate Day	 Bouncer Day	 Survivor Day	 Cooking Day	 Splash Pad / Movie Day
		 Science Day	 Carnival Day	 Tie-Dye Day	 Blast from the Past	 Splash Pad / Movie Day
Week 5 Jul 29 - Aug 2		 Scavenger Hunt Day	 Rainforest Day	 Space Day	 Foam Day	 Splash Pad / Movie Day

- Camp Activities Subject to Change -

CAISSE COMMUNITY CENTRE

*La Salle*  
**Fall Festival Social**  
2024

**8:00 pm - 1:00 am**

**Friday, September 6th, 2024**

**at the Caisse Community Centre**

*\$1,000 Trip Voucher Door Prize provided by:*



**SUNSEEKERS**  
WORLD TRAVEL



**La Salle**  
Insurance

**ADMISSION \$10/PERSON**

Tickets available at the Caisse Community Centre,  
from Nick Guffei and the Caisse Community Centre Board Directors.

**Live Music by:**

**Calamity Jane** 

**Volunteers Needed.  
Sponsorship Needed.**

To volunteer or sponsor, please contact:  
Nick Guffei  
La Salle Fall Festival Director-at-Large  
[nick.guffei@vickar.com](mailto:nick.guffei@vickar.com)



**CAISSE  
COMMUNITY  
CENTRE**

[www.caissecc.com](http://www.caissecc.com)

**Caisse Community Centre 2024 LA SALLE FALL FESTIVAL  
- FAMILY FUN DAY**

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CAISSE COMMUNITY CENTRE

*La Salle Fall Festival  
Family Fun Day  
2024*

**11:00 am - 4:00 pm**

**Sunday, September 8th, 2024**

**Admission / Events / Activities: FREE**  
**at the Caisse Community Centre**

List of events / activities will be provided.

*Join us for a fun-packed day  
full of activities for the whole family!*

**Volunteers Needed.  
Sponsorship Needed.**

To volunteer or sponsor, please contact:  
Nick Guffei  
La Salle Fall Festival Director-at-Large  
[nick.guffei@vickar.com](mailto:nick.guffei@vickar.com)

 **CAISSE  
COMMUNITY  
CENTRE**  
[www.caissecc.com](http://www.caissecc.com)

# Caisse Community Centre 2024 LA SALLE FALL FESTIVAL - FAMILY FUN DAY EVENTS / ACTIVITIES

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CAISSE COMMUNITY CENTRE

## La Salle Fall Festival Family Fun Day 2024

### EVENTS / ACTIVITIES (at the Caisse Community Centre)

**10:30 am — Sunday, September 8th, 2024**

Community Worship Service

Caisse Community Centre Outdoor Rink

Please bring a lawn chair. This is a family friendly event – EVERYONE WELCOME!

Live band, casual atmosphere!

Coffee and donuts provided after the service.

**11:00 am - 4:00 pm — Sunday, September 8th, 2024**

- Variety of Games for All Ages
- Inflatables
- Kids Face Painting
- Splash Pad
- Touch-a-Vehicle (Enns Brothers Farm Equipment, RCMP Armored Tactical Vehicle, Macdonald Fire Fighters Association Fire Truck)
- Crop Duster Fly-By with Prizes
- Farmer's Market
- Spirit of Hope Rescue Dogs
- Central Veterinary Services
- Fraser Reptile Show
- Photo Booth
- Dancing and Baton Tossing by Yonatan
- Sliders Concession Stand

Questions? Please contact Nick Guffei:  
[nick.guffei@vickar.com](mailto:nick.guffei@vickar.com)



CAISSE  
COMMUNITY  
CENTRE  
[www.caissecc.com](http://www.caissecc.com)



**Caisse Community Centre 2024 LA SALLE FALL FESTIVAL  
- FARMER'S MARKET**

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*La Salle Fall Festival*  
*Farmer's Market*  
2024

**11:00 am - 4:00 pm**  
**Sunday, September 8th, 2024**  
at the Caisse Community Centre

*Variety of Local Vendors!*

*~ Produce and/or Merchandise ~*

*Volunteers Needed!*

To volunteer at this event, please contact Marcie Weiss at:  
[marciemaylynn@gmail.com](mailto:marciemaylynn@gmail.com)



CAISSE  
COMMUNITY  
CENTRE

[www.caissecc.com](http://www.caissecc.com) -

events tab -

la salle fall festival 2024

*Love Where You Live!*  
*Support and Shop Local!*



## 2024 LA SALLE COMMUNITY SLO-PITCH TOURNAMENT

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Admission  
**\$300**  
/Team

Sponsored by  
**oasis**  
events & sports

# LA SALLE COMMUNITY SLO-PITCH TOURNAMENT SEPTEMBER 14, 2024

Co-ed 6/4, adults only format

3 umpired game guarantee with 5 innings per game

Beer gardens throughout the day & live band in the evening @ Sliders

Sign-up: First come, first serve - 12 teams maximum

Preference will be given to RM of Macdonald residents



Caisse Community Centre  
80 MB-247, La Salle, MB



To register your team, contact:  
Rick Maloney 204-794-6563  
Kyle Hayes 204-998-2226

Cash Prizes for Finalists

Inaugural Championship Trophy

Beer Gardens & Late Night Live Music


Proceeds in Support of Future Caisse Community Centre Events

[www.caissecc.com](http://www.caissecc.com)



La Salle **Fall  
Supper** 2024

Tickets sold at the door only.  
No advance tickets or reservations. (come and go)  
Take-Out orders available. (pre-order instructions provided at [www.caissecc.com](http://www.caissecc.com))



**Sunday, September 22nd, 2024**  
from 3:00 pm to 7:00 pm  
at the Caisse Community Centre

**\$20/person**  
**\$15/person (ages 6 to 11)**  
**FREE (ages 5 & under)**

For information and full details visit:  
[www.caissecc.com](http://www.caissecc.com) - events tab



**CAISSE  
COMMUNITY  
CENTRE**

Proudly organized with net proceeds going to: St. Hyacinthe Catholic Parish,  
Caisse Community Centre and La Salle Community Fellowship

Always looking for and accepting volunteers to help with this wonderful  
community event. If interested, please reach out to the community groups  
listed above or contact: [donna@taketwoinc.com](mailto:donna@taketwoinc.com)

**CAISSE COMMUNITY CENTRE  
PRESENTS**

**TEXAS HOLD 'EM POKER TOURNAMENTS**

**Fridays at 7 PM**

**(registration begins at 6:15 pm)**

**2024 Dates:**

**May 3, May 24, Jun 21, Sep 27, Oct 25 & Nov 22**

**Caisse Community Centre**

**(located at the corner of PR 247E & Hwy 330 in La Salle MB)**

**\$60 buy in  
\$50K starting stack  
2 x \$20 rebuys  
1 x \$40 add on**

**Sit n' Go Tables  
start after 2nd Break  
"Stay all Night and  
Enjoy the Action"**

**Royal Flush  
Accumulator Pot  
\$10 buy in**

LGCA # 6908-TH-43849

Questions and/or to pre-register  
to guarantee your seat,  
please contact Nick Guffei at:  
[brightfuture@caissecc.com](mailto:brightfuture@caissecc.com)



**CAISSE  
COMMUNITY  
CENTRE**

[www.caissecc.com](http://www.caissecc.com)

CAISSE COMMUNITY CENTRE PRESENTS

**Christmas** *Tree Lighting*  
**Ceremony**

*(Tree donated by Ray Klassen)*

*Celebrate The Holidays With Us!*

**7:00 pm - 8:00 pm**

**Thursday, November 28, 2024**

**(weather permitting)**

**at the Caisse Community Centre**

- Christmas Carols
- Candles

*Please bring an ornament  
to hang on the tree!*

 **CAISSE  
COMMUNITY  
CENTRE**  
[www.caissecc.com](http://www.caissecc.com)

For information and/or to donate  
outdoor Christmas Lights, please contact:  
Marcie Weiss at [marciemaylynn@gmail.com](mailto:marciemaylynn@gmail.com)

2024  
*Breakfast with  
Santa*

**Sat, Dec 7th, 2024**

**8:30 am – 11:00 am**

**\$5/per child**

**\$10/per adult**

**at the Caisse Community Centre**

**The Magical Experience  
Includes**

- Pancake Breakfast with Santa
- Meet Santa
- Have Your Picture taken with Santa  
(by parents - please bring a camera)
- Photo Booth
- Coloring Station
- Silent Auction
- 50/50 Draw

For information, sponsorship opportunities,  
silent auction donations (items or monetary)  
and/or to volunteer, please contact:  
Marcie Weiss at [marciemaylynn@gmail.com](mailto:marciemaylynn@gmail.com)



**CAISSE  
COMMUNITY  
CENTRE**

[www.caissecc.com](http://www.caissecc.com)

**Please bring a  
Tin for the Bin.**

## 2024 COMMUNITY MULTI-PURPOSE / BABY NEEDS DRIVE

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We are pleased to announce the communities of La Salle and Domain through the Knights of Columbus (La Salle Council), St. Hyacinthe Catholic Parish (La Salle), Avonlea United Church (Domain), La Salle Community Fellowship (La Salle), and the Caisse Community Centre (La Salle) are joining forces again for a Community Multi-Purpose / Baby Needs Drive. The drive will begin on December 7th, 2024 with Breakfast with Santa at the Caisse Community Centre and end on December 22nd, 2024.

### **NON PERISHABLE FOOD**

These items will be donated to THE HOLY CROSS FOOD BANK AND SOUP KITCHEN located in St. Boniface.

### **BABY NEEDS**

Items include:

Unscented diaper wipes, diaper cream, baby shampoo, face/wash cloths, size one diapers, bottles (new and in package), baby blankets, baby body wash, teething toys, onesies/sleepers/baby hats (0-3) months, hooded bath towels, bibs, etc.

Clothing & blankets can be new, homemade, or gently used (no stains or holes).

These items will be donated to THE FAMILY SUPPORT CENTRE located at 650 Broadway Avenue West.

### **PERSONAL HYGIENE ITEMS**

Include such items as toiletries like shampoo, soap, tooth brushes, toothpaste. Also mitts, scarves, toques, socks. These donations will go the ONE88 COMMUNITY CHURCH located at 188 Princess Street.

### **CLOTHING**

We will also collect new or gently used clothing which will be distributed to the above organizations based on their needs.

Items and monies can be brought to the above mentioned churches during their mass/ service times or to the Caisse Community Centre during the Breakfast with Santa or during their regular business hours.

For monetary donations, make the cheque payable to any of the three churches with it's intended purpose written on the memo line, and a charitable donation receipt will be issued at year end. Cash donations can be given to the kitchen staff at the Breakfast with Santa.



For more information, please contact:  
Georges Cormier [gicormier@gmail.com](mailto:gicormier@gmail.com) | 204-218-6011  
Chris Lippens [clippens@mts.net](mailto:clippens@mts.net) | 1-204-296-1390

*"Those who are happiest are those who do the most for others."*

Booker T. Washington

Caisse Community Centre

# CHRISTMAS BREAK CAMP FOR KIDS

ages 5 to 11

**Dec 23 2024 - Jan 3 2025**  
(5 Days - Dec 23, 27, 30, Jan 2, 3)  
**\$35/child/day**

For information and/or to register:  
[www.caissecc.com](http://www.caissecc.com) - programs tab

**DON'T MISS  
THE FUN!**



CAISSE  
COMMUNITY  
CENTRE

(located at the corner of  
PR 247E & Hwy 330 in La Salle MB)





# LA SALLE ARENA

## La Salle Arena

The Caisse Community Centre Board of Directors are extremely excited to announce that the long awaited La Salle Arena project has been approved through our Municipal and Provincial governments!

With this announcement, we are formally kicking off our fundraising campaign to ensure that we have a facility that the residents of La Salle and the RM of Macdonald can truly be proud of!

The La Salle Arena will be a place for families to come together for a wealth of recreational activities. A place to develop new skills and drive healthy competition. A community focal point where we can face new challenges affecting our municipality. A facility that adds to the word 'HOME'.

With the addition of this much needed amenity, we will ensure that La Salle will remain a desirable place to raise our families. Now and for decades to come! But we need your HELP!

We are asking for your support to make the La Salle Arena the very best it can be! Please consider supporting this project with a donation that will recognize your family or business! Your support will truly make a difference!

The Board of the Caisse Community Centre is deeply grateful for your support!

*Thank You!*

### Business Plan

- Proposed arena schedule would run 10 months per year which would significantly increase arena revenue over single season ice (which is the case for all other RM arenas).
- Staffing and operational costs will be reduced with a single multiplex (shared staffing resources).

### Project Schedule

- Local Improvement Plan Approval: December 2024
- Order Pre-engineered Building: December 2024
- Design and Building Permits: January 2025
- Construction Start: March 2025
- Construction Completion: Spring 2026
- Opening: Summer 2026



*La Salle Arena*



*Enhancing our Neighbourhood "Together"*

For Project Information,  
please visit our website:  
[www.caissecc.com/aboutus/lasallearena](http://www.caissecc.com/aboutus/lasallearena)  
OR scan the QR code



For Fundraising Information:  
[brightfuture@caissecc.com](mailto:brightfuture@caissecc.com)

Questions?  
[arena@caissecc.com](mailto:arena@caissecc.com)



# Caisse Community Centre CAISSE CONNECTION MONTHLY NEWSLETTER

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The Caisse Connection newsletter is a monthly digital-only publication produced by the Caisse Community Centre. The newsletter has been in publication for over 25 years.



## E-NEWS REGISTRATION

Register with our website and stay informed of news and upcoming events taking place within our community. To receive the monthly digital-only newsletter publication plus upcoming community event information, please register at:

[www.caissecc.com](http://www.caissecc.com) - home page - e-news registration

## CONTACT:

Barbara Agland-O'Connor  
Caisse Community Centre Website Director (Newsletter)  
[barbaraaoinlasalle@hotmail.com](mailto:barbaraaoinlasalle@hotmail.com)



CAISSE  
COMMUNITY  
CENTRE



## Co-Op Membership Number

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Please consider using the Caisse Community Centre Co-Op Membership Number 2213 for some of your petroleum purchases. The Caisse Community Centre's share return will be applied to fundraising dollars towards the facility. Your support is greatly appreciated.

*Thank you for attending the 2024 Caisse Community Centre Annual General Meeting.*



CAISSE  
COMMUNITY  
CENTRE

[www.caissecc.com](http://www.caissecc.com)